37: Dobell--305-306 G-2 (1812-13) 1830 Yakut
116, 234, 262, 482

"These people hav- [306] ing plenty of cattle, I procured, for my journey, a good stock of milk, butter, &c. which I carried after the Yakut manner, in two leathern bags, made of horse-hide, and called simmire. The Yakuts mix sour milk and cream together in those bags, which, after one has travelled a few hours on horseback, becomes butter and buttermilk; the butter collecting in small lumps, from the size of a pea to that of a marble. A Yakut drinks the butter and butter-milk together, or eats the butter in handfuls with his boiled meat, oftentimes in such quantities as, were I to relate it, would exceed belief! I found, however, by experience, when on the Towinsk road, that butter and sour butter-milk eaten together are much lighter on the stomach than butter eaten in the usual way. Indeed, the sour butter I could eat more of, without feeling cloyed, than of the ordinary sort."